MAINE WOMEN’S SUMMIT ON ECONOMIC SECURITY

#MaineToo: Taking Action Against Sexual Assault, Harassment & Exploitation

A Wellness Room located in the Maine Room adjacent to the Registration Area will be open throughout the entire Summit - Please join the Maine Coalition Against Sexual Assault if you need a break. Books, coloring sheets, relaxation tools, and other resources will be on hand, and sexual assault helpline advocates can offer one-to-one support. Please also note that you can call or text the confidential help line at any time: 1-800-871-7741

8:00 am Registration and Light Breakfast Augusta/Pine Tree/Capital Rooms - 2nd floor
Peruse resources from partner organizations!

9:00 am Welcome Augusta/Pine Tree/Capital Rooms
Andrea Berry, Maine Women’s Lobby Education Fund
Acknowledgement of Wabanaki Land
Maine Department of Labor Commissioner Laura Fortman

9:45 am Covenant of Safety, with Arabella Perez, LCSW

10:30 am A Living Room Conversation with Dee Clarke (Survivor Speak USA), Donna Brown (Wabanaki Women’s Coalition), Jane Root (Wabanaki Women’s Coalition), and Quinn Gormley (MaineTransNet), and Arabella Perez, LCSW

In this facilitated casual conversation, participants will discuss their perspectives on the importance of centering and serving survivors within their own communities and the different pathways to healing.

11:30 am - 12:30 pm Lunch Buffet Augusta/Pine Tree/Capital Rooms - 2nd floor
Action Stations will be set up around the room. Write a thank you note or a letter to the editor; post on social media; share a story about why Paid Family and Medical Leave Matters to you; and more.

12:00 noon Affinity Group Meet-Ups

Black, Indigenous, People of Color are invited to meet with Tarana Burke, Keita Whitten, MSW, LCSW, Representative Rachel Talbot Ross and each other for a more intimate gathering in the Washington Room (2nd floor). Additional pop-up affinity group meet-ups are also welcome.

12:30 pm Elizabeth Ward Saxl, Maine Coalition Against Sexual Assault

12:35 pm Tarana Burke, Founder of #MeToo and Girls for Gender Equity, Keynote Address (Q&A with Samaa Abdurraqib, Maine Coalition to End Domestic Violence)

1:40 pm Breakout Sessions, Session 1

2:45 pm Breakout Sessions, Session 2

3:50 pm – Closing with Music by Kenya Hall and a Call to Action Augusta/Pine Tree/Capital Rooms
Snacks, soft drinks, and water will be available
**Session 1 Workshops 1:40 - 2:40 pm**

**Healing Space and Somatics : A Workshop for BIPOC** *Washington Room- 2nd Floor*

Keita Whitten, Redefining Therapy

Keita uses her background, training, and lived experiences to work with people to heal from moral injuries and soul wounds resulting from adverse lived experiences and traumatic events- which also include the circumstances of race and class. In this workshop we will create space for addressing feelings brought up in the morning program and Tarana Burke’s keynote talk, as well as share resources and strategies for continued healing justice practices specifically for folks living with racism every day.

**Our Rights in the Workplace: What Works and What’s Next?** *Howard Room - 1st Floor*

Val Wick (Maine Employment Lawyers Association), Amy Sneirson (Maine Human Rights Commission), DrewChristopher Joy and Arlo Hennessey (Southern Maine Workers Center), Jennifer McKenna (Local 716); Moderated by Whitney Parrish (Maine Women’s Lobby)

This panel will explore rights in the workplace - from what we’re doing right and how to seek recourse and support to what can be improved, strengthened, or created to fill policy gaps and enhance worker protections.

**Beyond Compliance : Building a Harassment-Free Workplace** *Sagadahoc Room - 2nd Floor*

Sarah Firth, HR & Compliance Director

Sarah spends her days at MECASA interpreting laws and regulations in support of the individualized needs of local sexual assault centers. Prior to that, she spent 15 years doing sexual harassment training and investigations in community-based health care settings.

Katie Kondrat, Equity & Access Coordinator

Katie has worked in Maine’s anti-violence field as an advocate and trainer for 15 years. In her current role at MECASA, Katie works with culturally and community-specific providers and sexual assault centers to create accessible and equitable services for all survivors.

This workshop will focus on going beyond compliance in the workplace in order to build a culture that fosters and promotes safety and trust. We will be discussing what it takes to build a harassment-free workplace, available resources through MaineCanDo, and additional supports for employers and employees alike.

**Storytelling for Social Change** *York Room - 2nd Floor*

Abbie Strout (Mabel Wadsworth Center) and Lily Herakova (University of Maine, Communication and Journalism Dept.)

Storytelling is a constructive action – it helps us build trust, make connections, perform the im/possible, elevate our knowledge and understanding, craft a community around the sharing of our stories. Story sharing is powerful and we believe our movement is stronger with diverse and supported storytellers. Together, in this workshop, we will explore our own stories and the role we have in supporting people who share their stories to influence change. Whether you have a story that yearns to be heard or you are wondering what is there in your life that deserves telling; whether you want to be a more thoughtful listener or a more outspoken and vulnerable activist story-teller, we hope that you will join us in this collective effort to make our stories matter.
Survivors Speak: Centering the Last Girl First *Arnold Room - 1st Floor*
Dee Clarke (Survivor Speak USA)

Survivor Speak USA is leading Maine's anti-trafficking movement to the Last Girl, so there are no new generations of Forgotten Women. Last girls are black, brown, and/or indigenous. They are often seen as criminals and not as victims. Black, brown, and indigenous girls and women are treated differently than their white peers and hence have less favorable outcomes. This workshop will provide information and story sharing inviting a deeper understanding of how last girls are often unnoticed or demonized and become the next generation of prostituted women; the forgotten women. Workshop participants will better understand the realities of the Last Girl and the Forgotten Women, and ways to target resources to black, brown, and indigenous girls and women to create a more just society.

Transgender Sexual and Domestic Violence *Piscataquis Room - 2nd Floor*
Quinn Gormley (MaineTransNet)

In this workshop, participants will learn about the high incidence of sexual and domestic violence reported in Maine's transgender community, and will examine various underlying causes of this violence including stigma, fetishization, economic and social isolation, and gender policing. Participants will use a transfeminist analysis to talk about what can be done to reduce these experiences of violence, and will get an up close look at what is currently being done in Maine to offer support to survivors.

**Title IX, The Clery Act, and Student Activism** *Ft. Western - 1st Floor*
Sarah Holmes, (University of Southern Maine), Dan Monahan (Pine Tree Legal Assistance), and Christine LeMoult, (Saint Joseph’s College)

Half of all middle and high school students report sexual harassment in their schools, and in their first jobs. One in 5 women and 1 in 16 men report being sexually assaulted in college. Sexual violence in adolescence and young adulthood negatively impacts the health, mental health and economic security of many young people. We will discuss students’ rights under Title IX and the Clery Act and ways to build more support for student activism.

**Session 2 Workshops 2:45 - 3:44 pm**

**Responding to Microaggressions** *Washington Room - 2nd Floor*
Clara Porter and Dan Kipp (Prevention.Action.Change)

Description: An important element of preventing the more egregious forms of sexual harassment is increasing our awareness of and skills in addressing microaggressions. In this interactive workshop we will explore how microaggressions around gender, gender identity, race, sexual orientation, disability, religion, nationality, immigration status, class, health, and other factors combine to create toxic workplaces. Participants will practice early intervention techniques to apply when they are targeted or witness another being targeted and discuss ways to build workplace cultures which will prevent and resist these forms of harassment.

**Addressing Harassment in the Workplace from an HR perspective** *York Room - 2nd Floor*
David Pease (Bangor Savings Bank) & Tara Jenkins (Conscious Revolution, LLC)
Description: While the Me Too and Time's Up movements exposed the prevalence of sexual harassment, sexual harassment is still pervasive in our workplaces. Join Tara Jenkins and David Pease for a session that exposes the systems that allow sexual harassment to go unchecked, targeting culture, power, patriarchy, and what we should all know about why sexual harassment is under reported. After an insightful discussion about why sexual harassment persists, you will be inspired with examples of leading practices to prevent sexual harassment, including a deep dive into the successful programs put in place by Bangor Savings Bank.

**MCDEV’S Report on Economic Abuse  Sagadahoc Room- 2nd Floor**

**Presenters:** Samaa Abdurraqib (Maine Coalition to End Domestic Violence) & Frank D'Alessandro (Maine Equal Justice)

This workshop will first invite participants to examine and discuss their attitudes towards and relationships with money. After an open discussion period, the workshop will present the definition of economic abuse and discuss how economic abuse as a component of domestic violence impacts financial security. The workshop will end with a presentation of the results of MCEDV's 2019 economic abuse survivor survey.

**Policy Accomplishments: What We’ve Done and Where We’re Going  Arnold Room - 1st Floor**

Elizabeth Ward Saxl (Maine Coalition Against Sexual Assault), James Myall (Maine Center for Economic Policy), Representative Rachel Talbot Ross - Moderated by Whitney Parrish (Maine Women’s Lobby)

This panel will discuss our accomplishments from the 129th legislative session as they relate to the Me Too Movement and survivors of harassment and assault in the workplace and beyond. We’ll talk about what’s left to accomplish, and our big dreams for Maine.

**Trauma Sensitive Yoga : An Overview and Practice  Piscataquis Room - 2nd Floor**

Maria Sanchez Herrera is a Kripalu certified yoga instructor with over 300 intensive hours of instruction. Maria is a certified LifeForce Practitioner, a yoga practice designed to alleviate depression and anxiety.

In an environment of compassion and acceptance, students will discover how breathing can help self-regulate and self-soothe. Students will learn self-care techniques, including gentle movement, stretches, relaxation and meditation. Students will be guided to listen to their body and will be given choices to modify any movement. Class will end with a deep relaxation.

**Understanding Institutionalized Racism and Sexism in Maine: Practical Ways We Can Build Inclusive Communities  Howard Room - 1st Floor**

Judicaelle Irakoze (Choose Yourself)

Maine has become a home for diversity. There is constant population growth with mostly young folks and many women and girls. It is very crucial that we analyze how the structures and ecosystems already in place were not designed for people and women of color among us. It is also very important that we acknowledge how young people in the minorities among us are working on different ways we can dismantle every structure erasing their existence. This workshop will discuss that work and talk about how to create an inclusive community, first favorable for women and girls.